

Point Man – Week 4

*How a Man Can Lead His Family
From the book by Steve Farrar*

Read: Chapter 5 – Anorexic Men and Their Bulimic Cousins

Matthew 4:4 - Jesus answered, "It is written: 'Man does not live on bread alone, but on every word that comes from the mouth of God.'"

Psalm 1:1-3 - Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. But his delight is in the law of the LORD, and on his law he meditates day and night. He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers.

Questions for discussion:

1. What's the difference between *anorexia* and *bulimia*? How do they each relate to our reading and application of the Word?
2. Is it possible to revere the Bible, but never read it? (Mt 15:8, Ja 1:22) What are some ways that we tend to give it lip service, but don't put it into practice?
3. What's the point of Bible study? To have done it? To gain factual knowledge? To win debates? (Ps 119:130, 133, Pr 2:1-11)
4. What are some ways we can find daily time in the Word? Some ideas: a "morning briefing," twenty minutes after dinner, lunch hour, replace a TV show that really isn't worth the time (few are), audio Bible on the way to work or while working out, etc.
5. Do our wives and kids ever see us reading our Bibles?

"The enemy does not mind if you revere the Bible, just as long as you don't feed from it. He will do whatever he can to keep you from interacting with the Scriptures."

"Some of you right now are in the biggest storm of your lives. I have written this to encourage you to get your roots deep into the Bible. That's what will keep you strong and steady in the storm. The Lord is not trying to ruin you, He is only rebuilding you."